



SARAH KHAN

Corporate Rehab was designed to help rehabilitate women from the toxic behaviours and belief systems that are institutionalized in the traditional workplace around communication, leadership, merit, and achievement.

It was born out of Sarah's experience as a model employee. Sarah loved her corporate job, but **love doesn't pay the bills**. After years of not seeing her hard work pay off she decided to venture out on her own.

But what she didn't realize was all of the baggage that followed into the entrepreneurial space...and she started to see it in the women around her... Women who are ambitious beyond their title or job description.

Who can lead with power and not toxicity.

Who can communicate in open and supportive ways.

And can feel safe enough to ask questions, say no, and push back.

Women who can utilize **pragmatic action** coupled with **trauma-informed leadership development** to *change the face of business today*.

That Is The Goal Of Corporate Rehab.

Suggested Topics

Corporate trauma and its impact on entrepreneurship

- **Possible themes:**

- toxic leadership
- corporate programming and success
- validating our experience and expertise
- regaining self-trust
- motherhood and entrepreneurship

- **Impact:** your audience will have a deeper understanding of the positive and negative impacts of their time spent in the traditional workplace and how overcoming it can increase their success exponentially.

Busting the BS of the online business space and what it means to build a sustainable biz

- **Possible themes:**

- values and their role in success
- the logical order of growth activities
- setting realistic expectations and goals
- essential systems in your business foundation
- the truth about scaling

- **Impact:** your audience will have clarity around the foundational aspects of building a sustainable business free of "shiny object syndrome" and leave with real action steps to set their business up for long term success.